An Air Force RD in Honduras

Capt Laurie A Flagg, USAF, BSC, RD

Chief, Health Promotions & Nutrition Programs
Lajes Field, Azores, Portugal

Overview

Introduction
Criteria for Selection
The Mission
Summary

Background

Primary Pediatric Dietitian at Wilford Hall Medical Center, Lackland AFB, TX

- Pediatric Intensive Care Unit
- Pediatric Ward
- Tri Service Cystic Fibrosis Clinic Dietitian

Experience with pediatric malnutrition

AD Air Force

Increase diversity of team composed of Army,
 Air Force, Navy personnel



I'm also good at counting pills...



and measuring flour.



Day 1 at JTF Bravo Hospital Clinic

Received training for:

- Hemocue machine
- Shore Boards
- -Scales
- MeasuringMAMC

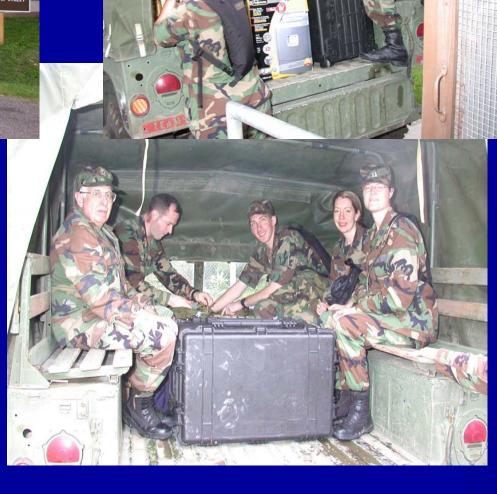


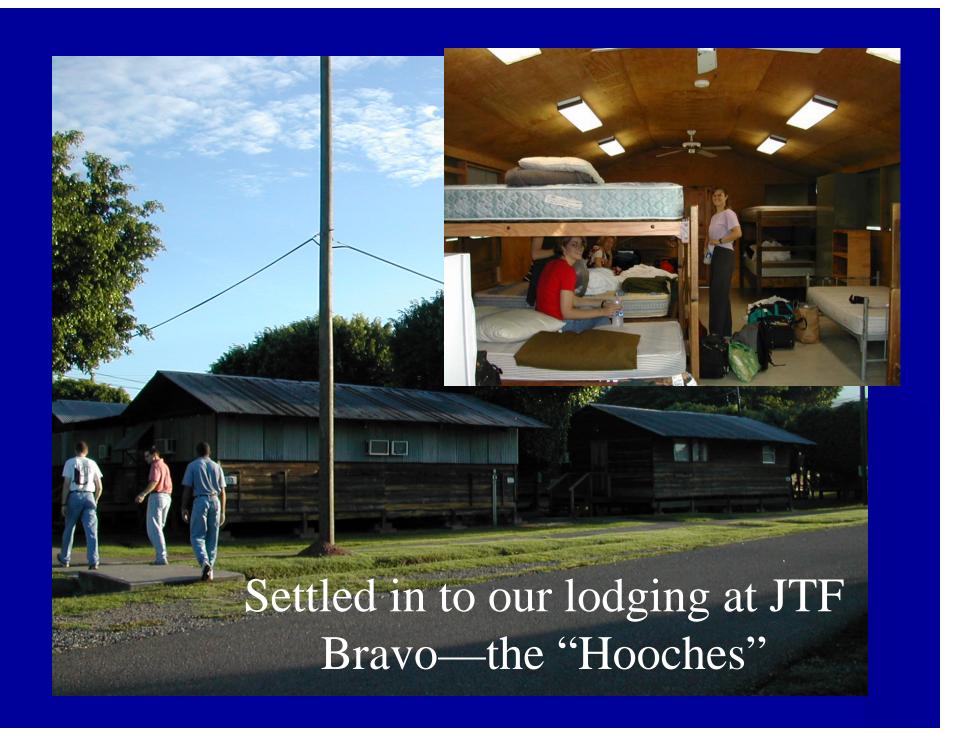


Dr Kemmer demonstrates proper technique for measuring MAMC



Inventoried,
packed, and loaded
supplies
(meds, flour, etc.)

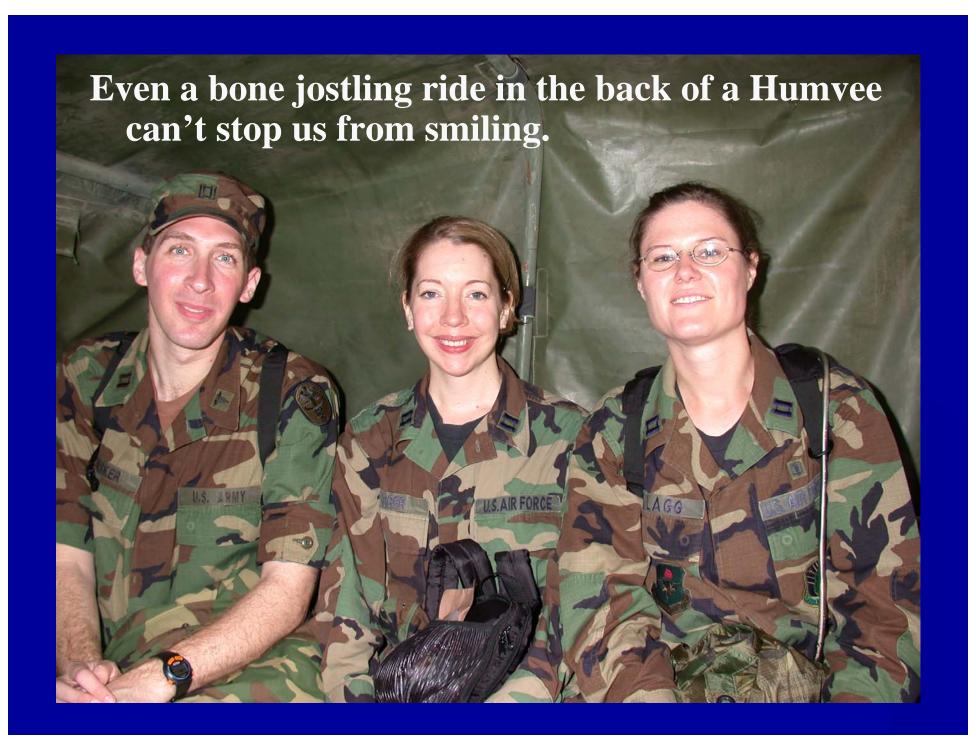






Then the real work began....





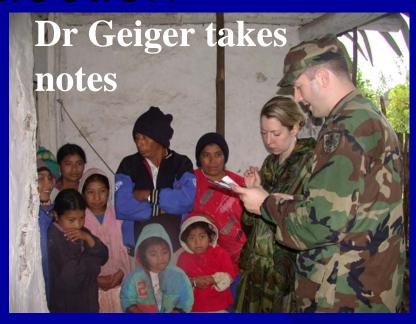
Arriving at our mountain "resort"



Data Collection









Clinic Day at the local school



Tri Service RD Team

Lined up to see the military medics



Visit to main hospital in Tegucigalpa





Feeding over 1,000 pts per day

14 yo F with stunted growth due to malnutrition



Value of Training as a Military Dietitian

Tri-Service Dietitian exposure and teamwork opportunity

New perspective on malnutrition (due to lack of food vs medical condition)

Multidisciplinary, tri-service contacts fostered in an atypical medical setting